



Immersion Starter Plan

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You don't need to move to Seoul to immerse. Surround yourself with Korean a little at a time with this gentle weekly plan.

Week-by-week ramp

Week	Add this habit
1	Change your phone language to Korean for 1 hour a day
2	Follow 3 Korean creators on YouTube or Instagram
3	Listen to a K-pop or Korean podcast during your commute
4	Watch one K-drama episode with Korean subtitles
5	Join a K-Chill voice channel once for 10 minutes

Rules of gentle immersion

- Comprehension over perfection — it's fine to miss most of it.
- Consistency beats intensity: 20 min daily > 3 hours once.
- Celebrate every word you catch. Progress compounds.